

WRIST SIZER

To get the best results, you will need to go to the printing option before printing to ensure that the **"page scaling"** option is set to "none" in the print dialogue box. Venus Wrist Sizer **must be printed on a full letter A4 size page**. To check that the Wrist Sizer has been printed properly, take a ruler and measure the sample below. It should measure exactly 2 cm.



HOW TO USE the WRIST SIZER:

- **CUT OUT** the paper Wrist Sizer and follow the instructions below
- Make sure that the numbers are on the outside of the Wrist Sizer and pass the pointed end through the opening you have cut at the other end where indicated: (cut here). Place your hand through the Wrist Sizer and pull the pointed end until it fits comfortably around your wrist
- You can also use a small piece of ribbon or cord. Wrap it around your wrist and measure the length against a ruler.



THE ONLY CLOCKWISE CHOICE

